

## **2016 Hill Country Ride for AIDS**

## Hill Country Ride 2016 Safety Pledge and Waiver

## Safety Pledge

Safety is our top priority on the Hill Country Ride for AIDS. For everyone to enjoy themselves, everyone must obey the safety rules that follow. These are not rules to limit your fun on the Ride, but to make it possible. We care about each person participating, and want you to finish the Ride safely. These rules are for you.

I will adhere to all traffic laws, traffic signals, and will stop at all stop signs.

I will only pass other riders on the left and never on the right.

I will never pass riders when cars are approaching from behind or along side me.

I will always ride single file and not pass on freeways and highways.

I will always ride predictably and let others know of  $\ensuremath{\mathsf{my}}$  intentions.

I will use hand signals and call out my intentions to other cyclists.

I will always call out "on your left," slowing," stopping," or "merging."

I will always verbally and physically point out "road debris," "pot holes," "car door," or "car back."

I will wear a helmet at all times when I am on my bike.

I will only ride single file at all times and never ride side by side with another cyclist.

I will not draft behind other cyclists or vehicles and will not lead or participate in a paceline at any time.

I will always allow at least one bike length between me and the rider in front of me.

I will not wear headphones, use a radio, a walkie-talkie, or my cell phone while riding.

I will always ride with at least one hand on my handlebars at all times.

I will refrain from using alcohol or drugs while on the ride.

I will always ride defensively and stay alert.

I will call 911 in case I view an accident.

I will practice safe cycling and watch out for my fellow cyclists.

I will drink before I feel thirsty and eat before I feel hungry.

I will ask for help when I am struggling.

I will follow all instructions from Ride coordinators.

I will have fun.



**Get Started** 



Select Options



Provide Details



Agree to Terms



Review

## Legal Stuff. Stuff you gotta do to get to the fun stuff. Kind of like wearing a helmet! I agree with the terms and conditions above. Cancel Next Step